



2009/10 Extreme Academy

CW3 Extreme Soccer Club is proud to offer the Extreme Academy Winter Training Program. The Extreme Academy is designed to provide a solid soccer foundation for our youngest players. Our staff, specifically licensed at a national level to work with this age group, has designed a curriculum that emphasizes **age-specific** technical skills combined with tactical decision-making to ensure the right information is received at the appropriate age level. We have specifically strengthened our coaching staff this year to make certain the players in our community have the opportunity to receive this essential developmental training at these ages. Although the purpose of this training is to increase the soccer skills of these players, the training environment will be heavily disguised as just having fun.

Extreme Academy Features:

- Age groups for U6, U7, U8 and U9 players (boys and girls)
- Ratio of players to coach will be around 10 to 1.
- Coaching Staff will include: (But not limited too)
 - **Jim Lemely** (CW3 Developmental Director, National Youth License, Camp Clinician with over 23 years experience)
 - **George Janovich** (Extreme Club Director of Coaching)
 - **Jim Taylor** (Extreme Staff Coach, U.S. Soccer License)
- **Session 1: Cost \$140**
 - Training Dates: 11/13, 11/20, 12/10, 12/17, 1/8, 1/15, 1/22, (5:30-6:30 pm)
 - Indoor Game Dates: January – February (specific dates and times TBD)
 - Training T-Shirt
- **Session 2: Cost \$140**
 - Training Dates: 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26 (5:30-6:30pm)
 - Indoor Game Dates: March – April (specific dates and times TBD)
 - Training T-Shirt
- **Both Sessions: Cost \$270** and will receive an extra training session on 1/29 (5:30-6:30)
- Instructional sessions will be held at Total Soccer (Dome) in Wixom and game sessions will be at Total Sports or Oakland Yard.

Age Eligibility:

While the Academy invites interested players from the age of U6 through U10, we will group players of similar abilities regardless of age. Therefore, boys and girls may be intermixed and younger players may work with slightly older players. These groups will not be "set in stone," and may be adjusted to accomplish the best training effect without being overly competitive.

Registration:

Simply log on to www.CW3SA.org and follow the link on the home page to register and pay on line.